

Clay Community Schools

ELEMENTARY LUNCH

OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 CHICKEN POPPERS/ RICE BROCCOLI, STEAMED RED PEPPER STRIPS FRUIT of cooks choice GRAHAM CRACKERS MILK	Oct - 2 FRENCH BREAD PIZZA/ MARINARA CORN CARROTS, fresh APPLESAUCE JUICE MILK	Oct - 3 STEAK BITES DINNER ROLL, WG MASHED POTATOES GREEN BEANS FRUIT of cooks choice MILK	Oct - 4 CHEESEBURGER/BUN FRENCH FRIES BAKED BEANS APPLE, FRESH MILK
Oct - 7 CHICKEN NUGGETS MAC & CHEESE CARROTS, fresh GREEN BEANS FRUIT of cooks choice GRAHAM CRACKERS MILK	Oct - 8 TACO SALAD REFRIED BEANS TOMATO WEDGE FRUIT of cooks choice MILK	Oct - 9 BIG DADDY'S PEPPERONI PIZZA CORN CARROTS, fresh APPLE, FRESH JUICE MILK	Oct - 10 SPAGHETTI/MEAT SAUCE BOSCO BREADSTICK RED PEPPER STRIPS GREEN BEANS MIXED FRUIT MILK	Oct - 11 TEACHER IN-SERVICE DAY
Oct - 14 FALL BREAK	Oct - 15 FALL BREAK	Oct - 16 FALL BREAK	Oct - 17 FALL BREAK	Oct - 18 FALL BREAK
Oct - 21 POPCORN CHICKEN CORNBREAD FRENCH FRIES CARROTS, fresh MIXED FRUIT MILK	Oct - 22 QUESADILLA REFRIED BEANS RED PEPPER STRIPS APPLE, FRESH MILK	Oct - 23 PIZZA, VARIETY BROCCOLI, FRESH CORN APPLESAUCE JUICE MILK	Oct - 24 CHICKEN DRUMMIES DINNER ROLL, WG BAKED BEANS MASHED POTATOES FRUIT of cooks choice MILK	Oct - 25 HAMBURGER/BUN FRENCH FRIES CARROTS, fresh FRUIT of cooks choice JUICE MILK
Oct - 28 CHICKEN TENDERS DINNER ROLL, WG MASHED POTATOES GREEN BEANS PEACHES JUICE MILK	Oct - 29 NACHO'S W/MEAT AND SCOOPS REFRIED BEANS CARROTS, fresh FRUIT of cooks choice GRAHAM CRACKERS MILK	Oct - 30 BIG DADDY'S CHEESE PIZZA CORN BROCCOLI, FRESH APPLE, FRESH JUICE MILK	Oct - 31 CHICKEN & NOODLES / ROLL MASHED POTATOES GREEN BEANS FRUIT of cooks choice MILK	

ALL MENUS ARE SUBJECT TO CHANGE
CHEF SALAD AND PBJ MEALS ARE OFFERED AS OTHER OPTIONS
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	620	550-650	100%	Sugars	41.00* g	26.45%	
Sodium	954 mg	1230		Carbohyd	85.80 g	55.34%	
Fiber	8.28* g			Tot. Fat	18.44 g	26.76%	<=30.0%
				Sat. Fat	5.97 g	8.66%	<10.00%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.